

RAPPORT



Northern Ontario Families of Children with Cancer

SPRING 2003

Spring has sprung finally and everyone is looking forward to the summer. The NOFCC has had a busy fall and winter with fun activities and fund raising activities. **The NOFCC attained it's charitable foundation status in the fall 2002. They are now able to distribute receipts for donations.** Read on to see what has been happening.

CHRISTMAS PARTY

The NOFCC held its first and hopefully annual Christmas party on Saturday November 30,2002. 30 children attended along with their families. There was face painting, puppet show, food and treats. The hit of the afternoon was of course Santa Claus and all the gifts presented to all the children. Everyone in attendance also received an Angel Pillow made by area crafters. The Lockerby Legion Hall on Long Lake Road hosted the event along with a helping hand from many volunteers. (see the list attached) All had a great time and are

looking forward to attending again this year. Watch for information in the fall.

RAFFLE

The most adorable, huge, handmade bear was donated to the NOFCC by Diane Rancourt of Capreol, in memory of her niece. The NOFCC had been selling tickets for the bear from June 2002 till the draw at the Christmas Party. The lucky winner was Jean Tagliabacci of Capreol. The second prize, Pink Panther was won by Jennifer Bissonette of Garson who donated it back to the NOFCC. Proceeds from the draw were over \$5,000.00. Those proceeds go directly into the programs that the NOFCC offer to all families in Northeastern Ontario who have a child diagnosed with cancer. A big thanks to all volunteers who sold tickets and transported the bear from site to site.

NOFCC PROGRAMS

Parking Program : Assistance for parking costs while at Hospital for Sick Children, Toronto.

Telephone Program : Long distance pre-paid calling cards available to all families while they are away from home with their child for treatment.

Voucher Program : Grocery gift certificates sent to families when residing at Ronald MacDonald House, Toronto or Ottawa.

Emergency Program : Funds available for miscellaneous identified needs. Assessed by health care professionals on individual request and needs.

SANTA CLAUS PARADE

NOFCC children were treated to a ride on a float at the Garson Santa Clause Parade. But most fun, a ride in a Hummer, courtesy of Craig Terry and Craig Terry Motors. Thanks to Brian Latendre, NOFCC's Events Coordinator, for all his hard work to bring this event together.

KINSMEN HOUSE DRAW

The Kinsmen Club recognized the work of the NOFCC this past year and added them to the list of charities that received proceeds from the house draw. THANK YOU Kinsmen Club.

MARCH BREAK

The NOFCC manned an information display at the New Sudbury Mall during the March Break. A raffle was held over the week for numerous gifts. For a loonie or a donation to the NOFCC , people could put their name in for the draws, which included a fish finder, Don Cherry's Restaurant gift certificate, Bell Mobility jacket, and of course the infamous Pink Panther to name a few. Also in attendance for the week was Josephine Rainville and her family with information on their Dinosaur Mini Golf attraction. They had on hand one of their hand made steel dinosaurs from the mini golf, what a hit with the kids. Thanks to Brian Latendre, Micheline Ferguson and family and all the volunteers who spent many hours at the mall.

The purpose of the display was to bring awareness to the community

about childhood cancer and the NOFCC.

CAR WASH

The 3rd. annual NOFCC car wash will take place on May 24th from 10:00 AM to 4:00PM in the parking lot of the New Sudbury Centre, behind WalMart. This is a fun time that brings family and friends together. Volunteers are needed to man the BBQ, sell tickets and wash cars. ADULTS are needed to supervise volunteer high school students who are washing cars. Shifts are 2 hours in length so get a group together and c'mon out.

For further info,
Contact : Brian at 524-3738 or
email : nofcc@vianet.ca

DINOSAUR VALLEY MINI GOLF

Josephine Rainville and her Dinosaur Mini Golf attraction partnered with the NOFCC this past year. She sponsored a number of days over the spring and summer where a percentage of the proceeds went to the NOFCC. Please visit her web site, www.dinosaurusudbury.ca and read about the dinosaur attraction, the mini golf, all the charities that are assisted by this business along

with the dates and hours of operation.

Thanks Josee!

PIZZA HUT

Craig McDermot and Pizza Hut restaurants in the Greater Sudbury area continue to support the NOFCC. Please look for the BIG RED HEART donation units in their restaurants and give generously to help children with cancer and their families here in the north. All proceeds go to the NOFCC's programs.

KPMG

Welcome to Ian FitzPatrick of KPMG , NOFCC's new accountant,

DO YOU HAVE SOMETHING TO SHARE ?

Do you have a story you would like to share with other families in the north. This is a way to reach out and tell other families like yourself, your journey, struggles, joy, humorous stories and poems. Stories from children and siblings are welcome. Are you looking for something, need information, let us know, it will go into the next newsletter. With your help this newsletter becomes an important information tool.

PARENT SUPPORT CONNECTION

The Parent Support Connection continues its Angel Pillow Project leaving smiles on many faces. After the Christmas Pillows the PSC has delivered more pillows to hospitals, seniors homes and Special Olympics for Valentines. The PSC now has over 72 members on line. They recently started group sessions, planning to meet at least twice a month.

The Healing Circle of Friends invites anyone who wishes to attend to join them at 1960 C Paris St., Sudbury. 1:30 to 3:00pm.

May 14th, 28th.

For more information, join the PSC on-line,

[Http://groups.msn.com/ParentSupportConnection](http://groups.msn.com/ParentSupportConnection)

Retreat for Women

August 11th to 14th

Celebration of Life, Love and Friendship - For information on all the above PSC activities - Call (Butterflymom) Brenda at 705-969-1283 or email verdiel@vianet.ca

INTERESTING WEB SITES

Young Adult Cancer Resource site,
<http://wableyer.ascomd.org/>
www.ulmanfund.org
www.teenslivingwithcancer.org
www.cancerindex.org/ccw
www.fcco.org
www.familyvillage.wisc.edu/lib_hist.htm (histiocytosis)
www.cancersourcekids.com

www.pogo.on.ca

www.leukemia.org

A few more are;

www.chickensoup.com

www.acor.org/ped-onc

www.squirreltales.com

www.faculty.fairfield.edu/fleitas/sitemap.html

Have you found some good sites, let us know. Email them to

nofcc@vianet.ca

We will print them in the next newsletter.

Do you have a request for an article on something that interests you, let us know???

Do you have some time to help the group, various activities available, let us know???

Phone 1-877-253-2585

Email nofcc@vianet.ca

COMPLEMENTARY AND ALTERNATIVE MEDICINE (CAM)

There are many terms used to describe approaches to health care that are outside the realm of conventional medicine. If this is something you are considering for your child, yourself or other members of your family, remember to always discuss this with your doctor first and to educate yourself as much as possible in this field.

The following is a brief overview of some of the terms you will encounter as well as the types of therapies you will read about. This is only the beginning in learning about CAM.

What is CAM?

Complimentary and alternative medicine is commonly defined as a group of diverse medical and health care systems, practices, and products that are not presently considered to be part of conventional medicine. While some scientific evidence exists regarding some CAM therapies, for most there are key questions that are yet to be answered through well-designed scientific studies—questions such as whether they are safe and whether they work for the

diseases or medical condition for which they are used.

Complimentary Medicine

Complimentary medicine is used together with conventional medicine.

Ie: using aromatherapy to ease a patient's discomfort following surgery.

Alternative Medicine

Alternative medicine is used in place of conventional medicine.

Ie: using a special diet to treat cancer instead of undergoing surgery, chemotherapy or radiation that has been recommended by a conventional doctor.

CAM therapies are divided into these 5 categories or domains;

1- Alternative medical systems

Ie: homeopathic medicine
naturopathic medicine

2- Mind-Body interventions

Ie: meditation
mental healing
dance, music , art

3- Biological based therapies

Ie: substances found in nature,
herbs, foods and products
so-called "natural" but as yet
scientifically unproven
therapies—using shark
cartilage to treat cancer.

4- Manipulative and Body Based
Methods.

Ie: chiropractic and osteopathic

manipulation and massage.
5- Energy Therapies
Therapies involving the use of energy fields - 2 types
❖ Biofield therapies
Ie: gi-gon, Reiki and therapeutic touch
❖ Bioelectromagnetic-based therapies
Unconventional use of magnetic fields, pulsed fields or alternating current or direct current fields.
The above information was taken from a web site- CancerSource- Complementary and Integrative Therapies.

<http://cit.cancersource.com>

This is only one of hundreds of sites on the Internet.
Start surfing, become an educated consumer, there is much to learn.

DONATIONS TO NOFCC

Online donations to NOFCC will soon be a reality. It is in the process of being set up with www.canadahelps.org The NOFCC is listed with many other charities. When visiting the site follow instructions to donate directly to the NOFCC, a printable receipt is instantly available. Pass this information on to friends and family. NOFCC helps where it is most needed, directly to families

in Northeastern Ontario, through their programs.

DRAGON BOAT RACES

Join the crowds at Bell Park on July 12 for the annual Dragon Boat Races. Pizza Hut will be donating the sales of pizza to the NOFCC.

Can you help sell pizza!!!!

Call Micheline at 693- 7282

MISS NORTHERN ONTARIO SUPPORTS THE NOFCC

Stacie Kocera, Miss Northern Ontario

TEENS WITH CANCER

The Northeastern Ontario Regional Cancer Centre offers a Get Together for Teens with Cancer, a support group, who meet every month. Teens and young adults from the age of 12 years and up are invited to join the group the forth Tuesday of every month from 5:30 to 7:00pm at NEORCC. Discussions are held on a variety of topics while enjoying pizza and pop. For more information call Judy Mayer at 522-6237x 2107 or Sheila Damore-Petingola at x 2175.

TEEN SURVIVORS GET CONNECTED

Mentor College of Mississauga, facilitates a summer time retreat for teens and young adults from across Canada who are survivors of childhood cancer. This retreat takes place at Mentor College's Education Centre near Bracebridge in the Muskoka's. For more information on this opportunity contact Mitch Harrison at mitch@survivornetwork.com or Liz Kerrison at liz@survivornetwork.com

VERY IMPORTANT

MEMBERSHIP IN THE NOFCC

Membership forms will soon be available to all families with children diagnosed with cancer in Northeastern Ontario. When the form is completed and returned to the NOFCC, families will be able to benefit from the programs available. Membership forms will be available from the Interlink nurse and online. Please watch for further information. www.vianet.ca/~nofcc *****

NOFCC

Striving to Improve the Lives of Families Dealing With Childhood Cancer

Northern Ontario Families Of Children with Cancer
41 Ramsey Lake Road,
Sudbury, Ont.,
P3E 5J1
1-877-253-2585
email nofcc@vianet.ca

HOPE IS IN THE HEART



GIFTS IN KIND and VOLUNTEERS

The Northern Ontario Families of Children with Cancer wish to recognize and send their sincere gratitude to all of the following people and businesses who donated their time and gifts, their generosity does not go unnoticed.

THANK YOU

Lockerby Legion * Sudbury
Kinsman Club * Craig McDermot,
Pizza Hut * Sudbury Lions Club *
Tim Hortons & staff * Future Shop
* Brenda Dainton * Dana Brakes *
Quality Auto Body * Craig Terry
Motors * United Rentals * Bianco's
* End of the Role * Arnie Pattui *
Volunteers at Lucky Star Bingo *
Diane Rancourt * Wal Mart * Mr. &
Mrs. Gilles Allard * Daniel
Ferguson * Bell Mobility * Don
Cherry's Restaurant * Josephine
Rainville, Dinosaur Mini Golf *
Nicholas & Michel Ferguson &
Jamie Blake (raised money from
Christmas caroling) * TESC
Contracting *

